Guwahati, Nov 19: Chief Minister Sarbananda Sonowal released the Assamese translated version of the book ‘Autobiography of a Yogi’ at a function held at Vivekananda Kendra in Uzan Bazar on Sunday. The translated version titled Jogi Kathamrita aims at introducing the readers to the methods of attaining God-realization and to the spiritual thought of the East.

Speaking on the occasion, chief minister Sonowal said, “Spiritualism is the edifice through which our entire civilisation revolves. Spiritualism is the way to get perfection in life. Though we live in the age of science and technology, spiritualism lends value to our life. It gives us essence of humanity.”

He also said that the translated version of the ‘Autobiography of a Yogi’ would help in enriching the Assamese literature. Through this book, many readers will get to know the life of Paramahansa Yogananda and his encounters with spiritual figures of both the East and West.

Chief Minister Sarbananda Sonowal presented the first copy of the translated version of the book to the former president of Akom Sahitya Sabha Lakshmi Nandan Bora as a mark of respect to the litterateur. Swami Suddhananda Giri and a host of dignitaries were present at the book release function. This was stated in a press release.