

Spirituality is the soul of the nation : President

Ranchi : President Ramnath Kovind said that spirituality is the soul of the nation and an important gift to the world by India. Addressing a function organised at the Yogada Satsang Society during which he launched the Hindi version of God Talks with Arjuna-The Bhagavad Gita by Pramhans Yoganand the society and the people realed with the thoughts of Parmhans Yoganand needed to be congratulated for their contributions made in the last 100 years. He said that in these 100 years the society has played a laudable role in spreading the Yoga. He said that it was very much apt that during the 100 years celebrations of the society the book was being translated into Hindi. The original was published in English in 1995 and was later translated into Spanish, German, Italian and Portugese languages and with the translation of the book in Hindi it would reach to a wider audience and for this Swami Nityanand needed to be congratulated. The President said that Swami Vivekand and Paramhans Yoganand played a vital role for making Yoga popular across the world. He said that he was very



happy to know that from 1918 to 1920 Pramhans Yoganand had made the ashram of Ranchi his working hub and for the next 32 years under self realization fellowship lakhs of Americans were taught Yoga. He said that for him all religions were one and believed that like air and water which was free to everyone similarly Yoga which has been developed by the sages and saints of India was for

the entire humanity. The President said that according to Pramhans Yoganand Geeta was a like of book to be read in daily life and said that the book teaches a person to pick between right and wrong. He said that Swami Vivekanand and Pramhans Yoganand had focused on 'rajyoga' which has had more impact on the Western World and even it was more appropriate for the youth

of the present times. Mr Kovind said that any person who would imbibe Geeta in their daily life would be stable in tough times and remain active. He said that in the era of Materialism and competition Pramhand Yoganand has impacted the younger generation and many youth who have achieved success in life give credit 'Autobiography of a Yogi'.

Spirituality helps to connect people says Swami Chidanand

Ranchi : President of Yogada Satsang Society/Self Realisation Swami Chidanand said that spirituality helps to connect people. Speaking during the launch of the Hindi version of the book God Talks with Arjuna-The Bhagavad Geeta which was launched by President Ramnath Kovind at the ashram of the Yogada Society here he said that Pramhans Yoganand helped to spread the thoughts of the ancients saints and sages of the country. He said that following the directions of his Guru Swami Yuktेश्वर Ji Paramhans Yoganand defined Geeta through scientific manner and in the Western world he is also known as 'father of Yoga'. He said that many people translated Geeta but God Talks with Arjun is completely different as in his interaction with Arjun God has detailed him about the various aspects of life. He said that India has given the world spirituality and Yoga and said that despite being born in America his soul was Indian. Swami Chidanand said that like water, air and light were necessary for human beings similarly Yoga was also important.